



## Summer Multi Activities 2022

### INFORMATION PACK

Thank you for considering the ISM Multi Activities for your child during this break. Please read on to find out what to expect and how to prepare your child. Here's a quick overview of key information:

**Location:** Fit & Flex Studios, Amwaj 1, Level 1, Raha Beach, Abu Dhabi

**Dates:**  
Week 1: Monday 11<sup>th</sup> July to Friday 15<sup>th</sup> July  
Week 2: Monday 18<sup>th</sup> July to Friday 22<sup>nd</sup> July  
Week 3: Monday 25<sup>th</sup> July Friday 29<sup>th</sup> July  
Week 4: Monday 1<sup>st</sup> August to Friday 5<sup>th</sup> August  
Week 5: Monday 8<sup>th</sup> August to Friday 12<sup>th</sup> August  
Week 6: Monday 15<sup>th</sup> August to Friday 19<sup>th</sup> August  
Week 7: Monday 22<sup>nd</sup> August to Friday 26<sup>th</sup> August

**Timings:** 9am to 1pm

**Age Group:** 3 to 7 years

**Costs:** 1 day @ AED150, Full week @ AED600 per child.

*Early Bird Offer: 10% off (book before June 30)*

(All prices inclusive of VAT)

**To register:** Kindly click on the below link and follow the steps mentioned in the description box

<https://ism-1.classcard.app/event/2621830>

**Terms:** Registration only complete when full payment is paid in advance. Spaces are limited. Bookings made on first come, first serve basis.

#### **About Us**

Great selection of multi-activities to keep your little ones happy and active this summer break. Activities will include fundamental Sports Skills of Tennis, Football, Basketball. Other activities will include arts and crafts, Team games, Physical Exercise sessions, Obstacle course, music games, movie time and more

All lead staff are fully qualified coaches and First Aid trained and hold a minimum of Level 1 Child Protection & Safeguarding certificate.



Here is what a typical day would look like:

Time	Activity
9am	Registration
9.15am	Activity 1
10am	Snack Break
10.15am	Activity 2
11am	Activity 3
11.45am	Lunch
12.15 to 1pm	Movie time, music games or activity 4 with pick up at 1pm

#### **Safety during Snack Times:**

Being healthy is core to our objectives at ISM Sports, and we want to encourage your children to eat nutritious food while on camp.

Please provide enough food for all breaks, keeping these rules in mind: NO NUTS and NO SHARING FOOD

#### **What you need to send with your child:**

Enough food for one snack & lunch, large refillable water bottle, sanitizer & mask and extra pair of clothes

#### **Safety procedures on camp:**

- Temperature checks at arrival on camp
- Additional sanitizers available if needed
- Socially distanced sessions
- Regular sanitization of all equipment used

*Stay connected with us always by following us on our social media channels*

*Instagram: [ism\\_sports\\_uae](#)*

*Facebook: [ismsports](#)*

*YouTube: [ISM Sports UAE](#)*

*Contact Information:*

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